

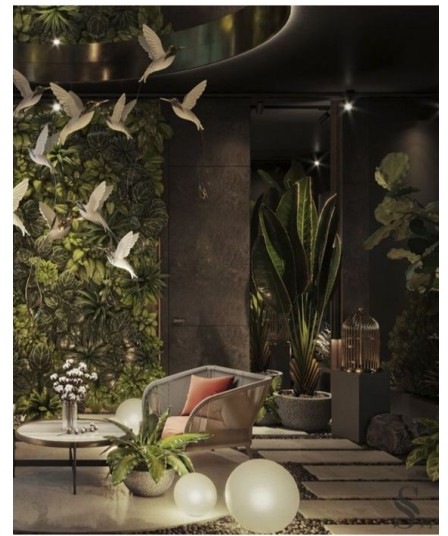
Phil 21 **first year seminar**

CSU Sacramento, Fall 2021

peer mentor: Ana Paula Garcia, anapaulasgarcia@csus.edu
office hours: M 9:00 – 11:00am via Zoom (csus.zoom.us/j/9202207989)

instructor: Jonathan Chen, jonathan.chen@csus.edu
office hours: Mon 2:00 – 3:30 via Zoom (csus.zoom.us/j/jonsmyth)
Thurs 10:30 – 12:00 in MND 3036 or via Zoom

class meets: MND 3009 TTh 9:00 – 10:15am
class section: section 80, course #82045



GENERAL INFORMATION

Catalog Description

Introduction to the nature and possible meanings of higher education, and the functions and resources of the University. Designed to help students develop and exercise fundamental academic success strategies and to improve their basic learning skills. Students have the opportunity to interact with fellow classmates and the seminar leader to build a community of academic support and personal support.

This course satisfies **GE Area E**: Understanding Personal Development.

About the Course

1. The student will be able to discuss the ideas and values related to education which will include:
 - a. The relationship of education to personal development
 - b. The significance of the teaching and learning process
 - c. The meaning of higher education as it relates to society
2. The student will actively demonstrate intellectual skills for lifelong learning by:
 - a. Utilizing academic skills (e.g. speaking, writing, note-taking, study skills, time management)
 - b. Taking responsibility for his/her own education and development
 - c. Demonstrating academic honesty, including an understanding/intolerance of plagiarism
 - d. Reading, writing, reflecting, and discussing course topics to demonstrate integrative thinking
3. The student will demonstrate skills to identify, locate, evaluate and effectively and responsibly use information
4. The student will demonstrate an understanding of self-development in physiological, psychological, and social contexts
5. The student will describe their own cultural norms, and discuss intercultural issues, to support the diverse nature of society and the University.

GE Area E Learning Goals

1. Students will demonstrate an understanding of academic content knowledge regarding self-development as a physiological, social and/or psychological being.
2. Students will critically examine prior or current experiences or behaviors from their own lives in response to real world physiological, social and/or psychological contexts (may be evident in self-assessment, reflection or creative work).
3. Students will apply skills and knowledge regarding development of the self to differing situations, such as real-world challenges, and/or to make connections across perspectives.

GE Area E Learning Outcomes

1. Students will be able to identify their own perspective and make connections/comparisons across perspectives.
2. Students will be able to plan, monitor, and assess their own learning.
3. Students will be able to set personal and/or professional goals.

Required Book

- ✓ *Just Mercy*, by Bryan Stevenson (2014)

Accommodations

1. Services to Students with Disability (SSWD)
"Sacramento State is committed to ensuring an accessible learning environment where course or instructional content are usable by all students and faculty. If you believe that you require disability-related academic adjustments for this class, please immediately contact Services for Students with Disabilities (SSWD) to discuss eligibility. A current accommodation letter from SSWD is required before any modifications, above and beyond what is otherwise available for all other students in this class will be provided."
<https://www.csus.edu/student-affairs/centers-programs/services-students-disabilities/>
2. Student Health and Counseling Services
"Your physical and mental health are important to your success as a college student. Student Health and Counseling Services (SHCS) in The WELL offers medical, counseling, and wellness services to help you get and stay healthy during your time at Sac State. SHCS offers: Primary Care medical services, including sexual and reproductive healthcare, transgender care, and immunizations; urgent care for acute illness, injuries, and urgent counseling needs; pharmacy for prescriptions and over-the-counter products; mental health counseling, including individual sessions, group counseling, support groups, mindfulness training, and peer counseling; athletic training for sports injury rehabilitation; wellness services, including nutrition counseling, peer-led health education and wellness workshops, and free safer sex supplies; violence and sexual assault support services. Most services are covered by the Health Services fee and available at no additional cost."
<https://www.csus.edu/student-life/health-counseling/>
3. Crisis Assistance & Resource Education Support (CARES)
"If you are experiencing challenges with food, housing, financial or other unique circumstances that are impacting your education, help is just a phone call or email away. The CARES office provides case management support for any enrolled student."
<https://www.csus.edu/student-affairs/crisis-assistance-resource-education-support/>

COURSE ASSIGNMENTS & REQUIREMENTS

Canvas & Announcements

We will be using *Canvas*, as a means of communication and assessment. Please log in by going to <https://my.csus.edu/>.

- Always check your CSUS e-mail for class announcements.
- I respond to all e-mails within 24 hours (except weekends). If I do not respond within that time, assume I did not receive your e-mail and resend it.

Attendance

Attending class, scheduled events, and presentations are mandatory. Attendance is taken at the beginning of every class meeting. You have one 'no questions asked' absence, after which each **unexcused absence** will result in a -5 point deduction. Each **tardy** will result in a -1 point deduction. After five absences, you will receive a failing grade (F) for the course.

Note: You may only be excused if you have relevant documents showing an injury or illness, death in the family, military service, or athletic responsibilities.

Peer Mentor Mandatory Meetings

You must meet with your peer mentor at least **twice** in the semester. Once before mid-semester and once after. Failure to do so will result in an inability to register for classes the coming semester.

Papers

You will have three papers for this course: (1) Current Issue in the Field, (2) Signature Assignment, and (3) *Just Mercy* Essay. The purpose of the first two papers is to help you develop a future plan for success in your respective field of study or to help you identify a possible interest in some field of study. The purpose of the third paper is to get you to examine themes within *Just Mercy* and carefully scrutinize the role we play in responding to various forms of injustices.

For more details, see the paper guidelines on *Canvas*.

Other Assignments

Each of the assignments listed below corresponds to their respective topic for that week. The purpose of these assignments is to help you approach your goals in a more efficient and effective manner. By the end of the semester, you should have a more carefully laid out plan of action for how to navigate the coming years at the university and beyond!

For more details, see the assignment guidelines on *Canvas*.

Assignments & Grading

Who is You?	2
One Week Wellness Log	5
Assessing Your Life Balance	5
Goal Setting	5
Mid-Semester Follow Up	3
Library Assignment	10
Healthy Relationships	5
Find Your Why	5
Current Issue in the Field	15
Translating Translation	5
Social Identity	5

Signature Assignment	20
<i>Just Mercy</i> Essay	15
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Total	100 pts

A = 93 – 100, **A-** = 90 – 92, **B+** = 87 – 89, **B** = 83 – 86, **B-** = 80 – 82, **C+** = 77 – 79, **C** = 73 – 76, **C-** = 70 – 72
D+ = 67 – 69, **D** = 63 – 66, **D-** = 60 – 62.9, **F** = 0 – 59

Late Assignments

You will be given a feasible amount of time to complete each assignment, and it is your responsibility to know when an assignment is due. Should you need to make up an assignment, the following penalties will be enforced:

- ✓ -1 point for each 24-hour period that any 2 or 3 point assignment is submitted late.
- ✓ -2 points for each 24-hour period that any 5 point assignment is submitted late.
- ✓ -2 points for each 24-hour period that any 10 point assignment is submitted late.
- ✓ -4 points for each 24-hour period that 20 point assignment is submitted late.

*Relevant documents should describe an injury or illness, death in the family, military service, or athletic responsibilities.

For instance, if you submit the Signature Assignment 3 hours after the due date, you will be penalized -4 points. If you submit it 25 hours after the due date, you will be penalized -8 points.

*Relevant documents can excuse tardy work. These documents must describe an injury or illness, death in the family, military service, or athletic responsibilities.

Note: When submitting your assignments on *Canvas*, please make sure that it has been submitted properly. If you are unsure, you can always send me an e-mail with the assignment attached and copied and pasted (don't just send me an e-mail asking if I received the assignment posted on *Canvas*).

Academic Honesty

DO NOT PLAGIARIZE. Any student caught intentionally plagiarizing will automatically receive an **F** in the class and be reported to Student Affairs and the department chair for serious disciplinary action.

"Plagiarism, as a form of cheating, is the use of distinctive ideas or works belonging to another person without providing adequate acknowledgement of that person's contribution. Regardless of the means of appropriation, incorporation of another's work into one's own requires adequate identification and acknowledgement. Plagiarism is doubly unethical because it deprives the author of rightful credit and gives credit to someone who has not earned it. Acknowledgement is not necessary when the material used is common knowledge."

If you are still unsure of what counts as plagiarism, please speak with me or read more at: <http://www.csus.edu/umannual/student/STU-100.htm>

Course Schedule

Given that I am currently in the process of securing presentations for our course, the schedule will fluctuate periodically. You will be given at least a two-week notice if any changes are made.

The course schedule is available on Canvas or via www.jonsmyth.com/teaching.